Cardiff Students' Union | Undeb Myfyrwyr Caerdydd

Cardiff University / Prifysgol Caerdydd — Cardiff Learning and Teaching Academy / Academi Dysgu ac Addysgu Caerdydd

Enriching Student Life Awards (ESLAs) 2026 Award Categories and Criteria

The Enriching Student Life Awards (ESLAs) 2026 will be a collaboration between Cardiff University and the Students' Union. Awards will be open to nominations from both students and staff, with a combined shortlisting process. The ceremony will be an opportunity to showcase some of the best practice across the University when it comes to supporting the student experience.

Most Outstanding Learning Experience

A staff member who:

- Brings something out of the ordinary to inspire students and engage them with their learning. Provides opportunities for students to learn from one another and develop a course community.
- Motivates, encourages and supports students, making them believe they can achieve to the best of their ability.
- Uses the latest technology, for instance AI, creatively and effectively.
- Is innovative in the development of course content.
- Uses authentic learning methods that get you to look beyond the classroom.
- Embeds employability skills into the curriculum.
- Has initiative and creativity to provide solutions to problems, and remove barriers to learning.
- Is inclusive and supportive of all students.
- Promotes interactivity, debate and critical thinking.
- Explores difficult concepts through storytelling, use of real-life examples and other approaches that help students to learn.
- Develops breadth and depth of thinking/learning through exploration of social, cultural and political issues, which could involve the use of multimedia, popular culture and observation of the outside world.
- Demonstrates enthusiasm, expert knowledge and a genuine passion for the subject that instils a love for the subject in their students.
- Supports other educators to develop their educational practice.
- Collaborates with students to develop and refine the learning experience.

Most Outstanding Use of the Learning Environment

A staff member who:

- Creates a learning environment that provides care and compassion.
- Uses technologies or social media effectively to enhance student learning, promote communication and encourage relationship building.
- Successfully uses digital learning, spaces, places, attitudes, or relationships to support student transitions and ensure students have an effective and engaging learning environment.
- Creates a strong sense of identity and belonging.
- Fosters safe, caring and compassionate learning environments in which students are encouraged and supported to explore challenging topics and to see mistakes as key learning opportunities.
- Develops exciting, inclusive learning communities in which all students feel listened to and valued.

Most Impactful and Outstanding Use of Assessment as Learning

A staff member who:

- Develops assessments that are innovative, inclusive and reflect the needs of a diverse student body, with opportunities to showcase individual talent.
- Embeds assessment opportunities that provide transformational learning experiences for students, supporting them to significantly develop knowledge, skills and attributes, including the Cardiff University Graduate Attributes.
- Where possible, works in partnership with students to design assessments.
- Uses assessment to promote critical self-reflection and encourage students to examine their personal beliefs and assumptions.

- Makes excellent use of formative assessment and feedback.
- Proactively uses assessment outcomes to make adjustments within their own teaching practice.
- Utilises a variety of methods appropriate to the learning outcomes.
- Offers choice of submission format.
- Promotes creativity and risk taking within assessments, encouraging exploration at the 'cutting edge' of the discipline.
- Develops assessments that are engaging, meaningful and that promote learning, curiosity, critical thinking and academic integrity.
- Provides timely, individualised feedback and guidance that helps students to understand and identify areas for improvement throughout the learning process.
- Takes a dialogic approach to feedback, actively involving and engaging students in their feedback and providing support, guidance and resources to help them interpret and make practical use of feedback in order to improve their learning and performance in future assessments.

Learning and Teaching Collaboration of the Year

A team that:

- Works collaboratively and effectively to provide the best possible student learning experience.
- Takes a joined up, holistic view of the student journey through the whole programme, and how modules are linked.
- Supports student transitions into university, between years and into further study or graduate employment.
- Demonstrates how integration of diverse backgrounds and experience is used to optimise student learning.
- Continually reflects on, evaluates and makes improvements to practices and processes.

Champion for Student Voice & Partnership

A student or staff member who:

- Is committed to ensuring all students are represented in all areas of their student experience.
- Facilitates the Student Academic Rep scheme to ensure success.
- Works in partnership to create a transparent learning community.
- Actively asks for student feedback to inform positive change.
- Runs events and campaigns to encourage student participation and collaboration.

Champion for Equality, Diversity and Inclusion

A student or staff member who:

- Places inclusivity at the heart of practice.
- Has worked to reduce or remove barriers to participation.
- Recognises difference, creating a learning environment in which diversity is celebrated and used as a way of enhancing learning.
- Is a role model for and within marginalised groups.
- Runs events or creates opportunities for discussion, debate or support for marginalised groups.
- Works proactively at school, college and/or university level or with the Students' Union to influence policy or practice to make a more inclusive Cardiff community.
- Champions the values of both Cardiff University and Cardiff Students' Union.

Champion for Welsh Education

A student or staff member who:

- Is a role model for Welsh Language Standards in Wales.
- Provides information on the Welsh language and encourages students to use it.
- Creates opportunities to engage with Welsh culture and history.
- Uses incidental Welsh in conversation to provide an introduction to the language.
- Encourages Welsh speakers to engage with their learning and teaching through the Welsh language.

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Student Academic Rep of the Year

A Student Academic Rep who:

- Works to represent all students in their cohort.
- Creates different ways of engaging students in their school.
- Is a strong advocate for the student voice.
- Attends training sessions and opportunities to enhance their skills and communication. Is approachable and responsive.
- Regularly meets with staff and reports back with any updates.

Personal Tutor of the Year

A personal tutor who:

- Undertakes their role with care and compassion.
- Endeavours to help students wherever possible.
- Provides appropriate signposting to support services.
- Is proactive in solving issues facing students.
- Is communicative and responsive.
- Encourages students to be the best they can be.

Doctoral Supervisor of the Year

A Doctoral Supervisor who:

- Supports Postgraduate Research students to achieve to the best of their ability.
- Provides outstanding and impactful guidance on thesis-writing and preparing for a Viva.
- Finds opportunities for researchers to develop and learn.
- Sets a positive example for researchers.
- Encourages and supports PGR students equally.
- Acknowledges the difficulties of being a research student, and attempts to remove barriers.

Professional Service Staff Member of the Year

A professional service or individual staff member who:

- Does not teach, but provides outstanding support to students to help them achieve academically.
- Is a friendly face around campus.
- Provides tailored support to suit each student's individual needs.
- Considers accessibility and is inclusive of all students.
- Is knowledgeable and experienced.
- Has the student experience at the heart of everything they do.

PGR Graduate Tutor or Demonstrator of the Year

A PhD student who:

- Supports and contributes to the undergraduate student learning experience.
- Provides feedback and academic assistance in line with university expectations.
- Supports student learning in an engaging and informative way.
- Assists in the delivery of laboratory sessions in an engaging and efficient way.
- Provides constructive and timely feedback on queries.
- Approaches their teaching work with professionalism.
- Is active in offering advice and guidance to encourage participation.
- Uses equipment and learning tools effectively.
- Supports other PGR Graduate Tutors or Demonstrators.

Recognition Awards

These awards are not open to general nominations

- College Deans' Award.
- SU President's Award.
- Vice-Chancellor's Award for Enriching Student Life.

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Gwobrau Cyfoethogi Bywyd y Myfyrwyr 2026 Categorïau Gwobrau a Meini Prawf

Bydd Gwobrau Cyfoethogi Bywyd y Myfyrwyr (ESLAs) 2026 yn cael eu rhedeg mewn partneriaeth rhwng Prifysgol Caerdydd ac Undeb y Myfyrwyr. Bydd gwobrau'n agored i enwebiadau gan fyfyrwyr a staff, gyda phroses rhestr fer gyfun. Bydd y seremoni yn gyfle i arddangos rhai o'r arferion gorau ar draws y Brifysgol o ran cefnogi profiad y myfyrwyr.

Profiad Dysgu Mwyaf Rhagorol

Aelod o staff sy'n:

- Dod â rhywbeth anghyffredin er mwyn ysbrydoli myfyrwyr a'u hannog i ymgysylltu â'u dysgu. Maent yn darparu cyfleoedd i fyfyrwyr dysgu oddi wrth ei gilydd a datblygu cymuned ar eu cwrs.
- Annog ac yn cefnogi myfyrwyr, gan wneud iddynt gredu y gallant gyflawni hyd eithaf eu gallu.
- Defnyddio'r dechnoleg ddiweddaraf, er enghraifft AI, mewn modd creadigol ac effeithiol.
- Arloesol wrth ddatblygu cynnwys y cwrs.
- Defnyddio dulliau dysgu gwreiddiol sy'n eich helpu i edrych y tu hwnt i'r ystafell ddosbarth.
- Gwneud sgiliau cyflogadwyedd yn rhan o'r cwricwlwm.
- Flaengar a'n greadigol wrth ddarparu datrysiadau i broblemau a chael gwared ar rwystrau i ddysgu.
- Gynhwysol ac yn gefnogol o bob myfyriwr.
- Hyrwyddo rhyngweithio, trafod a meddwl yn feirniadol.
- Mynd i'r afael â chysyniadau anodd trwy adrodd straeon, defnyddio enghreifftiau o fywyd go iawn a dulliau eraill sy'n helpu myfyrwyr i ddysgu.
- Datblygu ehangder a dyfnder meddwl/dysgu trwy archwilio materion cymdeithasol, diwylliannol a gwleidyddol, a allai gynnwys defnydd amlgyfryngau, diwylliant poblogaidd ac arsylwi'r byd y tu allan.
- Dangos brwdfrydedd, gwybodaeth arbenigol ac angerdd gwirioneddol am y pwnc sy'n ennyn cariad at y pwnc ymysg eu myfyrwyr.
- Cefnogi addysgwyr eraill i ddatblygu eu harferion addysgol.
- Cydweithio â myfyrwyr i ddatblygu a mireinio'r profiad dysgu.

Defnydd Mwyaf Rhagorol o'r Amgylchedd Dysgu

Aelod o staffsy'n:

- Creu amgylchedd dysgu sy'n blaenoriaethu gofal a thosturi
- Defnyddio technolegau neu gyfryngau cymdeithasol mewn modd effeithiol i wella dysgu myfyrwyr, hyrwyddo cyfathrebu ac annog adeiladu perthynas.
- Defnyddio dysgu, ardaloedd, agweddau neu berthnasau digidol yn llwyddiannus er mwyn cefnogi pontio myfyrwyr a sicrhau bod gan fyfyrwyr amgylchedd dysgu effeithiol a diddorol.
- Creu ymdeimlad cryf o hunaniaeth a pherthyn
- Meithrin amgylcheddau dysgu diogel, gofalgar a thosturiol lle mae myfyrwyr wedi'u hannog a'u cefnogi i fynd i'r afael â phynciau heriol a gweld camgymeriadau fel cyfleoedd dysgu allweddol.
- Datblygu cymunedau dysgu cyffrous a chynhwysol lle mae pob myfyriwr yn teimlo eu bod yn cael eu clywed a'u gwerthfawrogi.

Defnydd Mwyaf Effeithiol a Rhagorol o Asesu fel Dysgu

Aelodostaff sy'n:

- Datblygu asesiadau arloesol a chynhwysol sy'n adlewyrchu anghenion amrywiol myfyrwyr, gyda chyfleoedd i arddangos talentau unigol.
- Ymgorffori cyfleoedd asesu sy'n darparu profiad dysgu trawsnewidiol i fyfyrwyr, gan eu cefnogi i sylweddol ddatblygu gwybodaeth, sgiliau a rhinweddau, gan gynnwys Rhinweddau Graddedigion Prifysgol Caerdydd.
- Gweithio, lle bo'n bosib, mewn partneriaeth â myfyrwyr i ddylunio asesiadau.
- Defnyddio asesu i hyrwyddo hunan-fyfyrio beirniadol ac annog myfyrwyr i astudio eu credoau personol a rhagdybiaethau.

- Gwneud defnydd gwych o asesu ffurfiannol ac adborth.
- Weithredol wrth ddefnyddio canlyniadau asesu i wneud addasiadau o fewn eu harferion addysgu.
- Defnyddio amrywiaeth o ddulliau sy'n briodol i'r canlyniadau dysgu.
- Cynnig dewis o fformatau cyflwyno.
- Hyrwyddo creadigrwydd a chymryd risg o fewn asesiadau, gan annog archwilio datblygiadau newydd y pwnc.
- Datblygu asesiadau diddorol ac ystyriol sy'n hyrwyddo dysgu, chwilfrydedd, meddwl beirniadol a gonestrwydd academaidd.
- Darparu adborth amserol, unigol ac arweiniad sy'n helpu myfyrwyr i ddeall ac adnabod ardaloedd am welliant trwy gydol y proses dysgu.
- Cymryd ymagwedd ymddiddanol tuag at adborth, gan gynnwys ac ymgysylltu â myfyrwyr yn eu hadborth a darparu cefnogaeth, arweiniad ac adnoddau i'w helpu i ddehongli a gwneud defnydd ymarferol o adborth er mwyn gwella eu dysgu a pherfformiad mewn asesiadau yn y dyfodol.

Cydweithrediad Dysgu ac Addysgu'r Flwyddyn

Tîm sy'n:

- Gweithio'n effeithiol ac yn gydweithredol i ddarparu'r profiad dysgu gorau posib i fyfyrwyr.
- Cymryd safbwynt cyfannol a chyd-gysylltiedig o daith myfyrwyr trwy'r rhaglen gyfan, a sut mae modiwlau wedi'u cysylltu.
- Cefnogi pontio myfyrwyr i'r brifysgol, rhwng blynyddoedd ac i mewn i astudiaethau bellach neu gyflogaeth raddedig.
- Dangos sut mae integreiddio cefndiroedd a phrofiadau amrywiol yn cael ei ddefnyddio i wella dysgu myfyrwyr.
- Parhau i fyfyrio ar, gwerthuso, a gwneud gwelliannau i arferion a phrosesau

Hyrwyddwr Llais Myfyrwyr & Phartneriaeth

Myfyriwr neu aelod o staff sy'n:

- Ymroddedig i sicrhau bod pob myfyriwr wedi'u cynrychioli ym mhob maes o'u profiad fel myfyrwyr.
- Hwyluso'r cynllun Cynrychiolydd Academaidd Myfyrwyr i sicrhau llwyddiant.
- Gweithio mewn partneriaeth i greu cymuned ddysgu dryloyw.
- Rhagweithiol wrth ofyn am adborth myfyrwyr i lywio newid cadarnhaol.
- Cynnal digwyddiadau ac ymgyrchoedd i annog ymgysylltiad myfyrwyr a chydweithio.

Hyrwyddwr Cydraddoldeb, Amrywiaeth a Chynhwysiant

Myfyriwr neu aelod o staff sy'n:

- Rhoi cynwysoldeb wrth galon eu gwaith.
- Gweithio'n galed i leihau neu ddileu rhwystrau i gyfranogiad.
- Cydnabod gwahaniaeth, gan greu amgylchedd dysgu lle mae amrywiaeth wedi'i ddathlu a'i ddefnyddio er mwyn gwella dysgu.
- Esiampl dda i, ac o fewn, grwpiau ymylol.
- Cynnal digwyddiadau neu'n creu cyfleoedd am drafodaeth, dadlau a chefnogaeth ar gyfer grwpiau ymylol.
- Gweithio'n rhagweithiol ar lefel ysgol, coleg a/neu brifysgol neu gydag Undeb y Myfyrwyr i ddylanwadu polisi neu arferion er mwyn gwneud cymuned Caerdydd mwy cynhwysol.
- Hyrwyddo gwerthoedd cynhwysol Prifysgol Caerdydd ac Undeb Myfyrwyr Caerdydd.

Hyrwyddwr Addysg Gymraeg

Myfyriwr neu aelod o staff sy'n:

- Esiampl dda ar gyfer Rheoliadau Safonau'r Gymraeg yng Nghymru.
- Darparu gwybodaeth am yr iaith Gymraeg ac yn annog myfyrwyr i'w defnyddio.
- Creu cyfleoedd i ymgysylltu â diwylliant a hanes Cymreig.
- Defnyddio Cymraeg achlysurol mewn sgyrsiau er mwyn darparu cyflwyniad i'r iaith.
- Annog siaradwyr Cymraeg i ymgysylltu â'u haddysg a dysgu trwy'r iaith Gymraeg.

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CARDIFF UNIVERSITY PRIFYSGOL CAERDYDD — Cardiff Learning and Teaching Academy / Academi Dysgu ac Addysgu Caerdydd

Cynrychiolydd Academaidd Myfyrwyr y Flwyddyn

Cynrychiolydd Academaidd Myfyrwyr sy'n:

- Gweithio i gynrychioli pob myfyriwr yn eu carfan.
- Creu gwahanol ffyrdd o ymgysylltu â myfyrwyr yn eu hysgol.
- Eiriolwr cryf dros lais y myfyriwr.
- Mynychu sesiynau hyfforddi a chyfleoedd i wella eu sgiliau a chyfathrebu.
- Gyfeillgar ac yn ymatebol.
- Cwrdd yn rheolaidd gyda staff ac sy'n adrodd yn ôl gyda diweddariadau.

Tiwtor Personol y Flwyddyn

Tiwtor personol sy'n

- Ymgymryd â'u rôl gyda gofal a thosturi.
- Ceisio helpu myfyrwyr lle bo'n bosib.
- Darparu cyfeiriadau priodol at wasanaethau cymorth.
- Rhagweithiol wrth ddatrys materion sy'n wynebu myfyrwyr.
- Cyfathrebu'n dda ac sy'n ymatebol.
- Annog myfyrwyr i fod y gorau y gallant fod.

Goruchwyliwr Doethurol y Flwyddyn

Goruchwyliwr Doethurol sy'n:

- Cefnogi myfyrwyr Ymchwil Ôl-raddedig i gyflawni hyd eithaf eu gallu.
- Darparu arweiniad rhagorol ac effeithiol ar ysgrifennu gosodiad a pharatoi am Viva.
- Darganfod cyfleoedd i ymchwilwyr ddatblygu a dysgu.
- Gosod esiampl bositif ar gyfer ymchwilwyr.
- Annog a'n cefnogi myfyrwyr YÔR mewn modd cyfartal a chynhwysol.
- Cydnabod anawsterau bod yn fyfyriwr ymchwil, ac sy'n ceisio cael gwared ar y rhwystrau.

Aelod Staff Gwasanaeth Proffesiynol y Flwyddyn

Gwasanaeth proffesiynol neu aelod o staff sy'n:

- Darparu cefnogaeth ragorol i fyfyrwyr i'w helpu i lwyddo'n academaidd.
- Wyneb cyfeillgar o gwmpas y campws.
- Darparu cefnogaeth wedi'i theilwra ar gyfer anghenion myfyrwyr unigol.
- Ystyried hygyrchedd ac sy'n gynhwysol o bob myfyriwr.
- Wybodus ac yn brofiadol.
- Rhoi'r profiad myfyriwr yn ganolog i bopeth maen nhw'n ei wneud.

Tiwtor neu Arddangoswr YÔR Graddedig y Flwyddyn

Myfyriwr PhD sy'n:

- Cefnogi ac yn cyfrannu at brofiad dysgu myfyrwyr israddedig.
- Darparu adborth a chymorth academaidd yn unol â disgwyliadau'r brifysgol.
- Cefnogi dysgu myfyrwyr mewn ffordd ddiddorol ac addysgiadol.
- Cynorthwyo â sesiynau labordy mewn ffordd ddiddorol ac effeithlon.
- Darparu adborth adeiladol ac amserol i gwestiynau.
- Ymgysylltu â'u gwaith addysgu gyda phroffesiynoldeb.
- Weithredol wrth gynnig cyngor ac arweiniad i annog ymgysylltiad.
- Defnyddio offer ac adnoddau dysgu'n effeithiol.
- Cefnogi tiwtoriaid YÔR Graddedig ac Arddangoswyr eraill.

Gwobrau Cydnabyddiaeth

Nid yw'r gwobrau yma'n agored i enwebiadau cyffredinol:

- Gwobr Deoniaid y Colegau.
- Gwobr Llywydd yr UM.
- Gwobr yr Is-Ganghellor am Gyfoethogi Bywyd y Myfyrwyr.