



# THE TAF FOOD MENU

## Breakfast & Light Lunch

**Taf Breakfast** 7.00  
Bacon, farmhouse sausage,  
free-range egg, beans, button  
mushrooms, tomatoes, hash brown  
& toasted bloomer

**The Big Brunch** 8.50  
Bacon, two farmhouse sausages,  
two free-range eggs, beans, two  
hash browns, button mushrooms,  
grilled tomato, toasted bloomer &  
skinny fries

**Vegan Breakfast (VG)** 7.00  
Two vegan sausages, grilled  
tomato, button mushrooms, hash  
brown, beans & toasted bloomer

**Veggie Breakfast (V)** 7.00  
Vegan sausage, free-range egg,  
grilled tomato, button mushrooms,  
hash brown, beans & toasted  
bloomer

**Bacon & Egg Bap** 4.20  
Bacon, free-ranged egg, served in  
a sourdough bap

**Vegan Sausage Bap (VG)** 3.75  
Vegan sausages in a sourdough  
bap

**Bacon Bap** 3.75  
Bacon served in a sourdough bap

**Bacon Bap (GFIO)** 3.75  
Bacon served in a gluten-free bap

**Sausage Bap** 3.75  
Pork sausages in a sourdough bap

## Wraps

All wraps served with salad or  
skinny fries

**Garlic chicken** 7.00  
Southern fried chicken with garlic  
mayo, lettuce, served with your  
choices of skinny fries or salad

**BBQ Chicken** 7.00  
Southern fried chicken with BBQ  
sauce, lettuce, served with your  
choice of skinny fries or salad

**Sweet Chilli Chicken** 7.00  
Southern fried chicken with sweet  
chilli sauce & lettuce, served with  
your choices of skinny fries or  
salad

**Grilled Sriracha Chicken** 7.00  
Grilled Sriracha marinated chicken  
with mayo & lettuce served with  
your choice of skinny fries or salad

**Vegan BBQ Oumph (VG)** 7.00  
BBQ pulled oumph, lettuce &  
tomato with mayo, served with  
your choice of skinny fries or salad

**Halloumi & Avocado (GFI)** 7.00  
Gluten-free wrap, grilled halloumi,  
avocado & lettuce served with  
your choice of skinny fries or salad

**Halloumi & Avocado** 7.00  
Grilled halloumi, avocado &  
lettuce served with your choice of  
skinny fries or salad

## Snacks & Sides

**Onion Rings (VG)** 3.00

**Triple Cooked Chips** 4.00  
(VG) (GFI)

**Skinny Fries (VG) (GFI)** 3.20

**Garlic Bread (V)** 3.50

**Cauliflower Wings (VG) (GFI)** 4.50  
Served with BBQ sauce

**Chicken Goujons** 5.00  
Served with BBQ sauce

**Halloumi Fries (GFI)** 5.00  
Served with sweet chilli sauce

**Sweetcorn Fritters (GFI) (VG)** 4.50  
Fritters, served with sweet chilli  
sauce

**House Salad (GFI) (VG)** 3.20  
Lettuce, rocket, carrots, tomato,  
cucumber, red onion served with  
our house vinaigrette

**Barley Salad (VG)** 6.50  
A fresh salad based on barley, fine  
vegetables and a light creamy  
sauce with lemon & mint

## Dirty Fries

Crispy skinny fries coated with our  
signature seasoning, topped with  
melted cheese and choice of

**Bacon (GFI)** 5.25  
**BBQ Chicken (GFI)** 5.25  
**Vegan Bacon (VG)** 5.25  
**Vegan Bacon (V)** 5.25



## Burgers

All served with lettuce and skinny fries & slaw

### Beef Burger 7.00

Classic beef burger, served with burger sauce, crispy lettuce, skinny fries & slaw

### Buttermilk Panko Breaded Chicken Burger 7.00

Succulent buttermilk chicken, served with mayo, crispy lettuce, skinny fries & slaw

### The Union Beef Burger 8.00

Beef burger, topped with bacon, cheese, BBQ sauce, crispy lettuce and tomato slice, served with skinny fries & slaw

### The Union Chicken Burger 8.00

Buttermilk-breaded chicken topped with bacon, cheese, and BBQ sauce, crispy lettuce, tomato slice, served with skinny fries & slaw

### The Union Vegan Burger 8.00 (VGO)

Vegan Burger, topped with vegan cheese, BBQ sauce, crispy lettuce, and tomato slice, served with skinny fries & slaw

## Desserts

### Gluten-Free Chocolate Brownie (VG) (GFI) 4.50

Served with vegan cream

### Chocolate Fudge Cake (V) 4.50

Served with custard or vanilla ice cream

### Vegan Salted Caramel Cake 5.00 (VG)

Served coconut sorbet

### Mango Sorbet (VG) (GFI) 4.00