



Cardiff
Students'
Union

Undeb
Myfyrwyr
Caerdydd

Allergen Information

2026

We are not an allergen-free facility. We make every attempt to identify ingredients that may cause allergic reactions for those individuals with food allergies. In this document we label items with possible allergens containing ingredients from our suppliers; however, we cannot guarantee that cross-contamination has not occurred. Cardiff University Students' Union cannot be held responsible for any issues resulting from food allergies.



THE TAF

KEY:

Suitable for 
Contains 
May contain 

THE TAF

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May contain 

KEY:

Suitable for	
Contains	
May contain	

THE TAF

Name of Dish	Vegetarian			Allergens													
	V	VG	H	C	G	E	F	M	MU	N	PN	S	SO	CR	MO	LU	SU
Sunday Carvery																	
Nutless Roast																	
Vegan Sausage																	
Beef																	
Chicken																	
Pork																	
Gravy																	
Peas																	
Carrots																	
Stuffing																	
Cauliflower cheese																	
Yorkshire Pudding																	
Roast potatoes																	
Red Cabbage																	
Specials	V	VG	H	C	G	E	F	M	MU	N	PN	S	SO	CR	MO	LU	SU
New York																	
Vegan Bacon Club																	
Scampi																	
Steak Ale Pie																	
Pulled Pork Melt																	
Roasted Veg Melt																	
Smoked Salmon & Cream Cheese Bagel																	
Lamb Burger																	
Fish & Chips																	
Ham Melt																	
Veggie Nachos Grande																	
Avo & Bacon Club																	
Chicken Club																	
Steak Melt																	
Vegan Bacon Melt																	
Gammon & Egg																	
Mexican Club																	
Goats Cheese Pie & Mash																	
Chicken Leek & smoked bacon Pie																	
Chicken Yakitori Skewers & rice																	
Cumberland Sausage Ring & Mash																	
Butterbean Burgers																	
Chicken Salsa Verde																	
Espresso Cheesecake																	

Weekly specials

Please see a member of staff for any allergens

TY TATWS

KEY:

Suitable for 
Contains 
May contain 

PanInis

Weekly specials

Please see a member of staff for any allergens

KEY:

Suitable for 
Contains 
May contain 

SNACK SHACK