

PERSONAL PROGRESSION

Personal Effectiveness



Skills Development Service
Gwasanaeth Datblygu Sgiliau
Cardiff University Students' Union
Undeb Myfyrwyr Prifysgol Caerdydd

Workshop Title 1:	
Why did you choose this title?	
What have you learnt from attending?	
Workshop Title 2:	
Why did you choose this title?	
What have you learnt from attending?	
Workshop Title 3:	
Why did you choose this title?	
What have you learnt from attending?	
Workshop Title 4:	
Why did you choose this title?	
What have you learnt from attending?	
Workshop Title 5:	
Why did you choose this title?	
What have you learnt from attending?	

CYNNYDD PERSONOL

Effeithiolrwydd Personol



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Teitl y Gweithdy 1:	
Pam ddewisoch chi'r teitl hwn?	
Beth ydych chi wedi ei ddysgu drwy fynychu?	
Teitl y Gweithdy 2:	
Pam ddewisoch chi'r teitl hwn?	
Beth ydych chi wedi ei ddysgu drwy fynychu?	
Teitl y Gweithdy 3:	
Pam ddewisoch chi'r teitl hwn?	
Beth ydych chi wedi ei ddysgu drwy fynychu?	
Teitl y Gweithdy 4:	
Pam ddewisoch chi'r teitl hwn?	
Beth ydych chi wedi ei ddysgu drwy fynychu?	
Teitl y Gweithdy 5:	
Pam ddewisoch chi'r teitl hwn?	
Beth ydych chi wedi ei ddysgu drwy fynychu?	