

# PERSONAL PROGRESSION Communication



Skills Development Service  
Gwasanaeth Datblygu Sgiliau  
Cardiff University Students' Union  
Undeb Myfyrwyr Prifysgol Caerdydd

<b>Workshop Title 1:</b>	
Why did you choose this title?	
What have you learnt from attending?	
<b>Workshop Title 2:</b>	
Why did you choose this title?	
What have you learnt from attending?	
<b>Workshop Title 3:</b>	
Why did you choose this title?	
What have you learnt from attending?	
<b>Workshop Title 4:</b>	
Why did you choose this title?	
What have you learnt from attending?	
<b>Workshop Title 5:</b>	
Why did you choose this title?	
What have you learnt from attending?	

# CYNNYDD PERSONOL

## Cyfathrebu



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<b>Teitl y Gweithdy 1:</b>	
Pam ddewisoch chi'r teitl hwn?	
Beth ydych chi wedi ei ddysgu drwy fynychu?	
<b>Teitl y Gweithdy 2:</b>	
Pam ddewisoch chi'r teitl hwn?	
Beth ydych chi wedi ei ddysgu drwy fynychu?	
<b>Teitl y Gweithdy 3:</b>	
Pam ddewisoch chi'r teitl hwn?	
Beth ydych chi wedi ei ddysgu drwy fynychu?	
<b>Teitl y Gweithdy 4:</b>	
Pam ddewisoch chi'r teitl hwn?	
Beth ydych chi wedi ei ddysgu drwy fynychu?	
<b>Teitl y Gweithdy 5:</b>	
Pam ddewisoch chi'r teitl hwn?	
Beth ydych chi wedi ei ddysgu drwy fynychu?	