Football (7-a-side) League



Season Handbook

2019 - 2020



Cardiff University Students' Union Undeb Myfyrwyr Prifysgol Caerdydd





IMG Football (7-a-side) General Information

Registration

Team entry into the league is on a first come first served basis; once league capacity is reached, we will not be able to accept any further entries, regardless of previous entry into the league.

To enter a team please complete the following:

- 1. Contact IMG@cardiff.ac.uk to enter your team.
- 2. Once IMG has responded and confirmed your entry, please make entry fee payment by 7th October either in person at the Cardiff University Sports Training Village reception desk or by calling 02920 874675. Please make payment under your team name, not an individual's name. Teams must be registered and have paid entry fees by the stated deadline or entry into the leagues will not be permitted.
- 3. Complete the 'IMG Football (7-a-side) Team Registration Form' and return via email to IMG@cardiff.ac.uk by 30th October, 2019.

Competition Format

Fixtures will be separated into two phases:

- Phase 1 Autumn Semester (x9 fixtures approximately)
- Phase 2 Spring Semester (x9 fixtures approximately)

Teams must be registered and have paid Phase 1 fees by 7th October or entry into the league will not be permitted.

Teams are randomly drawn into two Phase 1 leagues at the Captains Welcome Evening; Group A, Group B.

Phase 1 fixtures are scheduled to be played between 9th October 2019 and 11th December 2019.

Following the completion of Phase 1, teams will be seeded and placed into Phase 2 leagues; Premier League, Championship.

Phase 2 fixtures are scheduled to be played between 29th January 2020 and 25th March 2020.

Please note that Phase 1 & 2 dates are a guideline and may be subject to change. Phase 2 will start after the completion of Phase 1.

Please note following the Easter recess, fixtures may be played on contingency dates 22nd April 2020, 29th April 2020, 6th May 2020.





League Tables

Fixtures, results and league tables will be updated via the following League Republic website:

http://cardiffimg7as.leaguerepublic.com

At the end of Phase 1 fixtures, teams will be placed into new leagues seeded on their Phase 1 performance. Team captains will be notified of their Phase 2 league and fixture list.

Important Dates (Checklist)

Team Entry Opens: 2nd September 2019

• Team Entry Closes: 30th September 2019

Captains Welcome Evening: 3rd October 2019

Team Entry Fee Payment Deadline (£300): 7th October 2019

Fixtures Commence (Phase 1): 9th October 2019

Team Registration Form Submission Deadline: 30th October 2019

• Fixtures Commence (Phase 2): 29th January 2020

Results Procedure

Points are awarded as follows:

Win 3 points

Draw 1 point

Loss 0 points

The referees will submit the results for IMG Football (7-a-side).

IMG Captains Welcome Evening

At the IMG Captains Welcome Evening, teams will be drawn into their leagues for Phase 1 and information regarding the season will be shared. The IMG Football (7-a-side) Captains Welcome Evening will take place at:

Location: Small Chemistry Lecture Theatre, Main Building, Cardiff University.

Date: Thursday, 3rd October 2019.

Time: 6.00 pm - 7:00 pm





League Standings

In the event teams are tied on points the following criteria will be applied to decide final league position:

- 1. Goal difference
- 2. Most goals scored
- 3. Head-to-head result
- 4. *In the event teams are still tied at top of the table in Phase 2 after the above criteria has been applied, a playoff fixture shall be played to determine league winners should the schedule allow. Should the schedule not allow for a playoff fixture, the tied teams will share the IMG league title.

The above criteria will also be used when placing teams into Phase 2 leagues following the completion of Phase 1. In the event goal difference, number of goals scored and head-to-head results being tied, teams will be placed into Phase 2 leagues at the discretion of IMG.

Fixture Times

Matches must start on time as pitches/courts are booked to strict time slots, failure to do so will result in shorter matches.

Equipment & Kit

Team members must all wear tops/bibs of the same colour. In the event of a colour clash the second named team will be required to change/wear bibs.

Match balls will be provided and bibs are available.

First Aid Provision

First aid assistance is available at the Cardiff University Sports Training Village reception. All accidents and injuries must be reported immediately to the sports centre staff, where a staff member will provide assistance and complete an accident/incident report form.

Referees

Please ensure that the officials are respected at all times, teams failing to do so face sanctions.

There will be one referee allocated to each IMG Football (7-a-side) fixture.





Cancellation of Fixtures

Teams are not permitted to cancel or postpone fixtures, unless with prior agreement from IMG and only in extreme circumstances. Sufficient notice, of at least two weeks should be provided. Where a sufficient reason and notice (as stated above) are provided, IMG will attempt to re-schedule the fixture. IMG reserve the right to cancel, postpone and re-arrange fixtures with less than two weeks' notice.

Teams cancelling scheduled fixtures with less than two weeks' notice, entitle their opponent with the right to a walkover (3 points/5-0 walkover). IMG would prefer that games do go ahead where possible and hope that captains are co-operative in finding a mutually convenient time to play the fixture. Please note that pitch charges are not covered by IMG and referees are not provided by IMG for games re-scheduled with less than two weeks' notice and are not in extreme circumstances. Team captains should inform IMG (IMG@cardiff.ac.uk) of the re-arranged date/time as soon as this is known, as well as the score following the fixture.

Fixtures may be cancelled due to adverse weather. Teams will be notified of any cancellations via email and/or the IMG Football (7-a-side) Captains 2019-2020 Facebook page. In this instance, fixtures will be re-scheduled and affected teams notified.

Non-Attendance

In the event that a team doesn't turn up for a fixture, 3 points/5-0 walkover will be awarded to the team in attendance.

Continued non-attendance to IMG league fixtures will incur the following penalties:

1 match Warning

2 matches
 3 point deduction

• 3 matches Dismissal from the league with no refund

Competition Disputes

In the event of a dispute, a report must be submitted by the captains of both teams involved and from the referee where applicable. Reports must be sent to IMG@cardiff.ac.uk.

Respect

IMG provides recreational, fun and competitive sports leagues. Teams participating in IMG should demonstrate good sporting behaviour and show respect to the opposition/fellow students/officials/staff and the facilities.

All IMG members must adhere to the IMG Social & Behaviour Policy 2019-2020.





Captains Facebook Page

Teams are only permitted to have 2 members on the IMG Football (7-a-side) Captains 2019-2020 Facebook page. This page is used to support the administration and management of the IMG Football (7-a-side) leagues. Teams must nominate members by emailing IMG@cardiff.ac.uk and/or via submitting the relevant IMG Registration Form. IMG will only accept member requests by individuals who have completed the above nomination instructions.

IMG Football (7-a-side) Captains 2019-2020

https://www.facebook.com/groups/304490149600049/

Photography

By taking part in IMG all players consent to the use of photography/filming which may be used by Cardiff University Sport and/or Cardiff University Students' Union for marketing purposes. If any team member does not wish to be included in any photography/filming, please give prior notice by notifying IMG (IMG@cardiff.ac.uk).





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IMG Football (7-a-side) League Rules & Regulations

League Information (2019-2020)

Team Entry Fee	£300 per team *Initial £100 payment paid by Wednesday 2 nd October **Final £200 payment paid by Monday 7 th October
Location	3G Pitch, Cardiff University Sports Training Village (Talybont)
Dates/Times	Wednesday Afternoon (1:00 pm – 6:00 pm)
Fixture Length	x2 20 minute halves (45 minute fixture slot)

Player Eligibility

All players must be registered via the IMG Team Registration Form. All participants must be male Cardiff University students or staff. Players must be able to produce Cardiff University student/staff ID card to IMG staff on request.

Terms & Conditions

Teams must only contain eligible and registered players.

Teams and players must practice good sporting behaviour and values, respecting the officials/fellow students/the opponents/staff and the facilities.

Appropriate footwear must be worn on the 3G pitch – metal studs are not permitted.

All participants and spectators must ensure that no litter is left on or around the pitches.

Alcohol must not be consumed during IMG sessions or fixtures under any circumstances.

All participants and spectators must adhere to the Cardiff University Sport Facilities Terms & Conditions which can be found at: https://www.cardiff.ac.uk/sport/facilities

IMG participation data will be shared and used by both Cardiff University Sport and Cardiff University Students' Union.





Competition Rules

Games are to be played in accordance with FIFA laws of football, with the following exceptions:

- 45 minutes of pitch time is allocated per fixture it is the responsibility of both teams to be ready to start matches on time. Failure to start on time will result in shortened matches. There will be no half-time interval, teams will change ends and restart play promptly.
- Games are officiated by an IMG referee(s).
- No offside.
- No slide tackles.
- If the ball goes out of play, a kick in is awarded instead of a throw in.
- Opponents must be distanced 2m away from a free kick or throw in restart.
- Goalkeepers are not permitted to travel outside the 'D'.
- Outfield players are not permitted inside the 'D'. If a team is disadvantaged by a defender entering the 'D' a
 penalty kick to the attacking side is awarded. If an attacking player enters the 'D' then play will restart with
 Goalkeeper possession.
- Players are allowed to pass back to their Goalkeeper.
- Rolling substitutions are permitted.
- Please note that the ball is allowed to travel above head height.

Disciplinary Sanctions

Yellow cards issued by the officials will incur a 2 minute temporary time suspension (sin bin) for cases that are traditionally regarded as cautionable offences.

- The team whose player received the caution is disadvantaged and must play with a lesser number of players until the 2 minute sin bin been expired. The player must leave the playing area immediately.
- The player who received the caution can only return to play with the approval of the officials and only when a stoppage in play allows.

Should the player who received the yellow card receive a further yellow card, a red card will also be issued and that player must not take any further part in the game.

- If a red card is shown by the referee, the player that committed the offence will be permanently excluded from all further involvement in that week of IMG fixtures. The player must leave the playing area immediately.
- The team whose player received the caution is disadvantaged and must play with a lesser number of players for the remainder of the game.
- Officials will inform IMG@cardiff.ac.uk of the red card and IMG will act accordingly should any disciplinary sanction be required.